



# International School of Dakar

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## HEALTH and SAFETY OVERVIEW

As we plan for school reopening September 3, we would like to recap some important information for our parents as they prepare for the new school year. Please click on the [blue](#) text to access links to additional information.

### DAILY SELF ASSESSMENT

All parents are requested to do a [Daily Home Screening](#) of their child's health prior to leaving home in the morning. This includes taking their temperature and checking symptoms. Your child should not come to school if they are showing any of the symptoms on the Daily Home Screening, or have had close contact with a person who tested positive for Covid19.

### TEACHING YOUR CHILDREN

We recommend that parents discuss the precautions below with their children:

- Wash and sanitize hands more often. *There are hand sanitizers outside every classroom on campus.*
- Keep physical distance from other students.
- Wear a mask.
- Avoid sharing objects with other students, including water bottles, eating utensils, devices, writing instruments, and books.

WHAT TO BRING TO SCHOOL		
<b>FACE COVERINGS</b> <b>Masks</b> are required on-campus. Masks with an exhalation vent or valve are not allowed. All students are expected to wear a mask and to come to school with: <ul style="list-style-type: none"><li>• 2 additional masks in a Ziploc bag</li><li>• 1 empty Ziploc Bag to store the mask during lunch and mask breaks</li></ul>	<b>WATER BOTTLE</b> There are several potable water sources on campus. Students should come with a <b>water bottle</b> that can be filled up during the school day.	<b>LUNCH TIME</b> Lunches may be brought from home or pre-ordered with the School's Food Service Provider, <a href="#">Ansamble</a> . Orders will be delivered directly to classrooms and to designated eating areas. No other food vendors will be allowed on campus.
NB: Please label face coverings and water bottles with your child's name.		

### SELF-CARE

You may want to talk to your child and explain that all these steps are being taken to keep everyone safe and healthy. CDC's [Stress and Coping During the COVID-19 Pandemic](#) provides links to helpful information.

Please note that ISD has six [Counselors](#) to support students. Please feel free to contact them.

### COVID19 SYMPTOMS AND CLOSE CONTACT/POTENTIAL EXPOSURE

If any of the symptoms in the screening are identified, a medical professional should be consulted. Please inform the School Nurse Clinic via email that your child is home sick at [nurse@faculty.isd.sn](mailto:nurse@faculty.isd.sn). If the medical professional does not recommend a Covid19 test, your child may return to school once symptom and fever free for 24 hours.

**When a Covid19 test is recommended by a medical professional, please inform the School Nurse Clinic via email that your child is undergoing testing.** Your child should quarantine while awaiting the results. If the result is negative, your child may return to school once symptom and fever free for 24 hours. The school must be provided with the negative test result.

**If the result is positive, your child should remain in isolation for 10 days and may return to school once symptom and fever free for 24 hours.** A doctor's note is required to return to school.

If your child has had close contact in the past two weeks with a person who tested positive for Covid19, a medical professional should be consulted. Close contact is defined as being within 6 feet (1.8 meters) of another person for more than 15 minutes, with or without a mask on. Please inform the School Nurse Clinic via email of the date of your child's last contact with the person who tested positive. If the medical professional does not recommend a Covid19 test, your child should quarantine at home for 14 days before returning to school. If a test is recommended and the result is negative, your child may return to school. The school must be provided with the negative test result. **If the result is positive, your child should remain in isolation for 10 days and may return to school once symptom and fever free for 24 hours.** A doctor's note is required to return to school.

All required test results and doctor's notes should be emailed to the School Nurse Clinic at [nurse@faculty.isd.sn](mailto:nurse@faculty.isd.sn) prior to sending your child back to school, for example you may email a photo of the documentation. For questions or concerns at any time, please contact the ISD nurse, Jennifer Thermenos, directly at 76.740.8050 (direct call or What's App). Please be reminded that all email and phone communication is confidential.

It is important that emergency contact information for your family be on file with the Admissions Office. If you need to update your file, please contact the Admissions Coordinator, Susan Kusiima <[susank@faculty.isd.sn](mailto:susank@faculty.isd.sn)>.

# Daily Home Screening for Students

**Parents:** Please complete this short checklist each morning before your child leaves for school. If a family member has any of the symptoms, that indicates a possible illness that may decrease the student's ability to learn and also put them at risk for spreading illness to others. Please contact the School Nurse Jennifer Thermenos (76.740.8050).

## SECTION 1: Symptoms

<input type="checkbox"/>	Temperature 100.4 Fahrenheit (38C) Temporal/Forehead Reading or 100 Fahrenheit (37.8 C) Mouth Reading
<input type="checkbox"/>	Sore throat
<input type="checkbox"/>	New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
<input type="checkbox"/>	Diarrhea, vomiting, or abdominal pain
<input type="checkbox"/>	New onset of severe headache, especially with a fever
<input type="checkbox"/>	Loss of Taste or Smell

## SECTION 2: Close Contact/Potential Exposure

<input type="checkbox"/>	Had close contact (within 6 feet of an infected person for at least 15 minutes) in the past two weeks with a person with confirmed COVID-19.
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